



**MY SERMON NOTES**  
 SUNDAY, JANUARY 13<sup>TH</sup>, 2019  
 SPEAKER: PASTOR BEN FRESCH  
 HEALTHY: RE-WIRED

*Mark 12:30 | Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.*

✓ **We have the \_\_\_\_\_ to \_\_\_\_\_ our \_\_\_\_\_.**

*Ecclesiastes 10:2 (MSG) | Wise thinking leads to right living; Stupid thinking leads to wrong living.*

✓ **Our thoughts \_\_\_\_\_ our \_\_\_\_\_.**

*Philippians 4:8-9 | Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things... and the God of peace will be with you.*

✓ **Our thoughts can \_\_\_\_\_ our \_\_\_\_\_.**

*Romans 8:5-6 | For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.*

**1. \_\_\_\_\_ of our Thoughts**

*2 Corinthians 10:4-5 | For the weapons of our warfare are not of the flesh, but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ.*

**2. \_\_\_\_\_ our Thoughts**

*Colossians 3:2 | Set your minds on things that are above, not on things that are on earth.*



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**3. \_\_\_\_\_ our Thoughts**

*Isaiah 26:3 | You keep him in perfect peace whose mind is stayed on you, because he trusts in you.*

*Romans 12:2 | Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.*

**4. Let our thoughts be \_\_\_\_\_.**

**5. Let our thoughts \_\_\_\_\_.**

*Ephesians 4:11-14 | And He gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of faith and the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.*

**a. \_\_\_\_\_ about \_\_\_\_\_.**

*Ephesians 4:17-19 | Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.*

**b. Think \_\_\_\_\_.**

*Ephesians 4:20-24 | But that is not the way you learned Christ! - assuming that you have heard about Him and were taught in Him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.*

**c. \_\_\_\_\_ to \_\_\_\_\_ like Christ.**

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